



HARRY CUMMINGS AND ASSOCIATES INC

## Aboriginal Communities

### **Kahnawake Community Health Plan 2012-2022 - Five Year Interim Evaluation (2016 – present)**

HCA is currently working with Niska Cooperative, another consulting firm, on conducting a 5-year evaluation on the Community Health Plan of Kahnawake, a Mohawk First Nation in Quebec. The evaluation includes working with their community health steering committee in designing and implementing the evaluation. We are using participatory methods to engage staff and the community in evaluating the implementation and the impacts of the Community Health Plan.

### **Yukon Research Centre Evaluation (2018)**

HCA conducted an evaluation of the Yukon Research Centre (YRC) and their activities from 2013-2017. YRC was established in October 2009 to provide Yukon College the opportunity to grow its research activities to develop a knowledge economy for the benefit of Yukon. Since their inception almost a decade ago, the YRC has grown and has been conducting ground-breaking research in the fields of northern climate change, energy innovation, mine life cycle, biodiversity monitoring, and resources and sustainable development in the Arctic. The YRC also works closely with northern stakeholder and First Nations communities to conduct research and build knowledge and research capacity. To complete this work, HCA used a mixed methods and historical/retrospective approach. The HCA team conducted an in-depth document review, a comparative institution assessment to inform the final report, and engaged with stakeholder groups through on-site and phone interviews.

### **Right To Play's Promoting Life-skills in Aboriginal Youth – Program Evaluation (2017)**

HCA was hired to conduct an evaluation of Right To Play's Promoting Life-skills in Aboriginal Youth (PLAY) Program. In 2010, RTP Canada initiated its PLAY Program. The program has partnered with 87 communities First Nations communities and Urban Aboriginal organizations in Ontario, British Columbia, Alberta and Manitoba for the 2016-2017 year. The PLAY Program includes three core programs throughout the school year: the After School Program, the Youth Leadership Program, and the Play for Prevention Program. HCA conducted qualitative site visits to 6 First Nation's communities and worked with RTP Canada staff to do an in-depth analysis of their national participant and community mentor surveys.

### **Evaluation of the Nunavik Kite-Ski Program (2016)**

HCA was hired by the Kativik Regional Government to evaluate its Nunavik Kite Program. The Kite Ski Program is an outdoor adventure sport program for youth and adults throughout the Nunavik Region of Northern Quebec. HCA conducted a site visit, conducted key informant interviews with a diversity of stakeholders and completed a comprehensive document review of the program. The evaluation reported on key program outcomes and accomplishments, as well as provided the Kativik Regional Government with a series of recommendations for future consideration for the development and sustainability of the program.

### **Evaluation of Team Nunavik-Quebec at the Arctic Winter Games (2015)**

HCA conducted an evaluation of Team Nunavik-Quebec (TNQ) and its related activities from 2012 to present. TNQ represents Nunavik at the Arctic Winter Games (AWG). The AWG are held every other year and represent the world's largest northern, multi-sport and cultural event that involves the participation of 9 circumpolar regions including Nunavik-Quebec. The 2016 Games were held in Greenland and approximately 2,000 athletes, cultural performers and coaches participated. HCA designed and implemented an evaluation that qualified and quantified the impact of sport activities on the youth of Nunavik and identified areas of improvement. The evaluation was conducted on behalf of the Kativik Regional Government, Recreation Department and consisted of site visits to Nunavik villages as part of the evaluation process.

### **Independent Evaluation of NWT Water Stewardship Strategy Implementation (April – July 2015)**

The study used a cross sectional approach by way of a modified quasi-experimental design. Data collection required a historical/retrospective approach, relying on the memory of study participants (parents, teachers, and children) as the program had officially ended in the year prior to conducting the evaluation. Surveys and interviews were completed from April to July 2015. HCA also collected qualitative data by way of a literature review, questionnaires, interviews, and focus groups discussions with teachers and children.

### **Ivrtivik Centre South Project Evaluation for RQuODE (June - November 2014)**

HCA conducted an evaluation of the Ivrtivik Employment Centre in Montreal. The project is an employability and skills development initiative for Inuit living in the South facing multiple barriers to employment. The Ivrtivik project uses an approach that considers all aspects—spiritual, intellectual, physical or emotional—of a person's life. The project is operated by the Kativik Regional Government in partnership with Regroupement québécois des organismes pour le développement de l'employabilité (RQuODE) and P.S. Jeunesse. As part of the evaluation process HCA developed a detailed evaluation plan and program logic model in collaboration with program partners. A variety of data collection methods were used in the evaluation including document review, key informant interviews, and focus groups.

### **Evaluation of the Kativik Regional Police Force's Cadet Program (April - October 2014)**

HCA completed a program evaluation of the Kativik Regional Police Force's Cadet Program. The main focus of the program is to prepare young Nunavimmiut to make healthy lifestyle choices and for some to pursue a career in policing while enabling them to develop positive skill sets, self-esteem and self-discipline in activities that serve and improve their communities. The evaluation included a 10-day visit to Nunavik, key informant interviews with KRPF staff, community members, Cadets, parents of Cadets, and program partners.

### **Evaluation of Kativik Regional Police Force's Prevention Program (April - October 2014)**

The HCA team traveled to various villages in Nunavik, including Kuujjuaq, Inukujak and Quataq, to observe the Prevention Program. The program aims to raise public awareness, promote education, and encourage people to make healthy and positive lifestyle choices in order to make communities safer. The prevention program also aims to form partnerships with other regional organizations (health board, school board, recreation department) to enhance existing services and resources by better coordinating interactions between the organizations to increase the effectiveness of the interventions. The evaluation included a 10-day visit to Nunavik, key informant interviews with KRPF staff, community members and leaders, as well as program partners.

### **Evaluation of Kativik Regional Government SMART Karate Program (April - September 2014)**

HCA completed a program evaluation of the Kativik Regional Government's SMART Karate Program. The principal goals of the SMART program are to foster sustainable martial arts activities delivered in the communities by Nunavimmiut, especially for youth, as well as to build self-confidence in participants and promote positive lifestyle choices. The key partners in the SMART program include the senior instructors from the Shorinjiryu Kentokukan Karatedo in Montreal who develop and deliver the training content, staff at the KRG Recreation Department who provide logistic support, and Ungaluk Safer Communities Program which provides funding for the program. A variety of data collection methods were used in the evaluation including document review, key informant interviews, discussion groups and observational techniques.

### **Program Evaluation of CIRQINIQ (April - October 2013)**

HCA completed a program evaluation of the Kativik Regional Government's CIRQINIQ Program. The program, in collaboration with Cirque du Soleil, encourages youth to make positive lifestyle choices, putting to use circus arts to reach out to youth. The program aims to promote education and employment, reduce alcohol and drug abuse, and discourage violence. The evaluation included key informant interviews with youth, social workers, trainers, Regional Government staff, focus groups and site visits to Kativik, Quebec.

### **Southwest Ontario Aboriginal Health Access Centre (SOAHAC) Evaluation Workshop (2013)**

HCA facilitated a two-day workshop for the staff of SOAHAC. The workshop focused on program planning for the various departments of the Centre (primary health care, mental health, diabetes education and traditional healing) using logic models. Participants were also taught how to build in evaluative components into their programs.